



Wilderness First Aid (WFA) Training

International School Ho Chi Minh City (ISHCMC) is proud to host the Wilderness First Aid (WFA) training on the 18th and 19th of September, 2023 at ISHCMC Secondary campus, 1 Xuan Thuy street, Thao Dien ward, Thu Duc city, Ho Chi Minh City.

The target audience is seasonal outdoor staff and those involved in recreational wilderness trips. The course content meets the anticipated medical needs of those communities.

We are pleased to open a limited number of seats to other school communities, if you are interested in the training, you can register via the link below.

Prior to enrolling in a training, please

- Read the [Course Participation Standards](#), [Field Protocols](#), and [Functional Position Description](#)
- Read and sign the [Release & Indemnity form](#) prior to class and provide the signed form to the instructor on the first day of class.

The price for the two-day workshop is 7,600,000 VND, approximately 320 USD. It includes two full days of workshops, lunch, refreshments, and participant kits.

Course topics are:

- Patient Assessment System
- CPR
- Circulatory System
- Nervous System
- Respiratory System
- Fractures and Stable Injuries
- Splints--Extremities
- Hypothermia
- Hyperthermia and Heat Illness
- Near Drowning
- Lightning Injuries
- Wounds and Burns
- Anaphylaxis
- Lifting, Moving, Extrication
- Patient Carries
- Backcountry Medicine
- Get a Wilderness First Aid course schedule [here](#).

Certification

This course is traditionally scheduled for two days or 16 hours of instructional and practice time. Upon successful completion students will receive certification in Wilderness First Aid and Adult CPR.

Recertification

Certifications are valid for three years. Students should retake the WFA course or consider upgrading to the Wilderness Advanced First Aid and or Wilderness First Responder.

Evaluation

Successful completion with certification is based on 100 percent attendance, satisfactory performance on homework assignments and written quizzes, demonstrated proficiency with practical skills, and a successful grade on a final written exam.

Link to register [here](#)

The link will close on Friday, 11 August 2023.