



**Viristar**  
**Wilderness Medicine Workshop**

**Sample Course Schedule**

(schedule can be customized to client needs)

**Topics**

Day 1 Welcome, registration, introduction  
Patient Assessment System  
Circulatory System  
Respiratory System  
Nervous System  
Musculoskeletal Injuries & Extremities Splinting

Environmental Medicine: Thermoregulation, Submersion Injury, Lightning/Electrical Injury  
Medical-Legal  
Wounds & Burns  
Backcountry Medicine  
Conclusion

Curriculum by WMAI.  
Precise schedule may vary.