



Viristar
Wilderness EMS Upgrade

Course Schedule

Topics

Day 1 – 10.5 hours

- Logistics and Introduction
- General Concepts
- Patient Assessment System
- Critical Body Systems Review
- PAS/SOAP Practice
- Spine Injury Assessment
- Medical/Legal Issues

Day 2 – 9 hours

- Test I/Review
- Anaphylaxis and Asthma
- ALS/BLS
- Lifting, Moving, Extrication
- Litter Packaging and Carries
- Scenarios I

Day 3 – 8.5 hours

- Test II/Review
- Pain Management
- Soft Tissue Injury
- Wound Cleaning and Exploration
- Musculoskeletal Injuries
- Extremity Splinting
- Dislocations
- Scenarios II

Day 4 – 9 hours

- Test III/Review
- Environmental Medicine
- Scenarios III/Simulation

Day 5 – 8 hours

- Simulation Debrief
- Expedition Medicine
- Scenarios IV
- Medical Kits and Medications
- Test IV
- Conclusion

Certification by WMAI.
Precise schedule may vary.