



**Viristar**  
**Wilderness First Responder WFR Recertification**

**Course Schedule**

**Topics**

Day 1 Welcome, registration, introduction  
Pre-course study packet review  
Patient Assessment System  
Basic Life Support

Circulatory System  
Respiratory System  
Nervous System

Day 2 Musculoskeletal System  
Dislocations  
Spine Management  
Wounds & Burns

Splints  
Simulation

Day 3 Allergies & Anaphylaxis  
Asthma  
Electricity/Lightning  
Near Drowning  
Thermoregulation  
Medical-Legal Considerations

Testing  
Cleanup  
Conclusion

Certification by WMAI.  
Precise schedule may vary.